



# 2019

## Mountain West Society of Plastic Surgeons

### ANNUAL MEETING



**Resort at Squaw Creek**  
*Lake Tahoe, Olympic Valley, California*

## OFFICIAL PROGRAM

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Mountain West Society of Plastic Surgeons



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### Dear Meeting Attendee:

As the CME provider, ASPS has the obligation to ensure the delivery of education is balanced and free of the control of commercial bias. Attendees at CME activities must have the opportunity to properly evaluate information, analysis, and opinions presented during the activity. It is important that the audience be informed of any aspect of a presenter's personal or professional circumstance from which the perception of a conflict or bias would arise. Monitoring discussion and providing clarification as needed will ensure balanced programming.

Please be aware that session and/or panel moderators are responsible for maintaining a smooth running session. To assist the moderators, we ask for your cooperation in observing the following:

*Questions or comments from the floor must be accompanied by a declaration of any conflict of interest.*

*Personal attacks or unprofessional conduct will not be tolerated.*

*Questions from the floor will be limited to a maximum of 2 per individual per session and 20 seconds each.*

Thank you for your cooperation.

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**Designation:** The American Society of Plastic Surgeons<sup>®</sup> (ASPS<sup>®</sup>) designates this live activity for a maximum of **12.0 AMA PRA Category 1 Credits<sup>™</sup>**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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# WELCOME LETTER

Dear Friends and Colleagues,

Welcome to the 2019 Annual Meeting of the Mountain West Society of Plastic Surgeons!

We are extremely excited to be here in the beautiful Sierra Nevada Mountains at the historic Resort at Squaw Creek, the site of the 1960 Winter Olympic Games. I am proud of the efforts the MWSPS has put forth over the years to continue the success and growth of our annual scientific meetings, and this year promises to be one of the best meetings yet.

As this year's host institution, UNLV Plastic Surgery is pleased to have put together an outstanding and comprehensive program for you. This year's meeting includes topics presented by experienced and enthusiastic academic and community faculty as well as aspiring leaders of the specialty within the resident community.

Not only do we have speakers representing the outstanding work being done in our own Mountain West Region, but we have attracted submissions from California, New York, North Carolina, Hawaii and even Germany. These presenters are excited to share their work with our members in the unique casual and collegial environment that has become the trademark of MWSPS Annual Meetings. As usual, we encourage all attendees to dress in comfortable ski resort attire and stress that at no time is business attire required.

The meeting opens this year with the welcome reception on Thursday evening from 6:30 to 8:30 pm. Also new for this year's meeting, we have a Poster Presentation Happy Hour that begins at 6:30 pm on Friday evening.

Programming kicks off on both Friday and Saturday at 7:00 am with breakfast starting at 6:00 am in the exhibitor hall. There will be a break in programming at 10:00 am to hit the slopes and/or enjoy the beautiful scenery as well as all of the other activities that Lake Tahoe has to offer. We will reconvene at 3:00 pm each day for snacks and refreshments in the exhibit hall before the afternoon lectures.

Resident Day Sunday is one of the highlights and an excellent way to cap off the meeting. There will be a light breakfast available at 6:30 am for residents who would like to grab a quick bite before participating in the mock oral boards session that begins promptly at 6:50 am. At 8:00 am, breakfast will be available in the exhibitor area. This will be the final opportunity to complete your "Exhibit Passport" and enter the raffle for 2019-2020 IKON ski passes. There are two passes available, each valued at nearly \$1,000. Only completed entries signed by all exhibitors will be eligible to win, so please be sure to visit all of the exhibit hall booths at some point during the meeting and support our industry sponsors who make each year's meeting possible.



Residents, fellows, and medical students will have the opportunity to present their abstracts from 8:30 am to 12:30 pm. This is a session not to be missed as it highlights all of the excellent work being done by the future leaders of our specialty in this region and nationwide. This year the competition for best abstract presentations is sure to be fierce as the top 10 abstracts will be published in *PRS-GO* and the top overall abstract will have the opportunity to present their work at the Best of the Best Session at the Plastic Surgery The Meeting 2019 in San Diego in September.

Again, thank you all for taking the time out of your busy schedules to come and experience all that the MWSPS has to offer! We are looking forward to seeing old friends, meeting new colleagues, and increasing the collaboration and collegiality between the plastic surgeons in the Mountain West region as well as nationwide and internationally. This is sure to be a great weekend!



Richard Baynosa, MD  
*President, MWSPS*  
*Chief and Program Director*  
*UNLV Division of Plastic Surgery*





# BOARD OF DIRECTORS

Richard Baynosa, MD  
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*Immediate Past President*

Jay Agarwal, MD

Alanna Rebecca, MD

Greg Borah, MD

John Brosious, MD

William J. Casey III, MD

## LEARNING OBJECTIVES

- Upon completion of this activity, participants should be able to:
- Summarize the latest research and clinical innovations in plastic surgery.
  - Describe best practices in maximizing patient outcomes when performing upper blepharoplasty.
  - Discuss advances in craniofacial and microsurgery.
  - Recognize opportunities to increase the safety of both aesthetic and reconstructive procedures.



# SCHEDULE OF EVENTS

## THURSDAY, MARCH 7, 2019

6:30 – 8:30pm Welcome cocktail reception

## FRIDAY, MARCH 8, 2019

6:30–7:30am Breakfast/Exhibits

6:50–7:00am Welcome Address  
Richard Baynosa, MD  
UNLV/President MWSPS

7:00–8:00am ASAPS Update / Keynote Lecture  
Julio Garcia, MD  
ASERF President

### GENERAL TOPICS

8:00– 8:15am Lessons learned from Stanford Business School and why it matters to plastic surgeons  
Gordon Lee, MD  
Stanford University

8:15–8:30am I bought a practice, should you?  
Jonathan Kaplan, MD  
Private Practice, CA

8:30–8:45am Is the reconstructive ladder relevant in 2019?  
David Mathes, MD  
University of Colorado

8:45–9:00am Psychological complications of surgery  
Gregory Borah, MD  
University of New Mexico

### EXTREMITY

9:00–9:15am Limb surgery: Rethinking the tourniquet  
Ashley Pistorio, MD  
UNLV

9:15–9:30am Targeted muscle reinnervation for lower extremity phantom pain  
Matt Iorio, MD  
University of Colorado

9:30–9:45am Autologous homologous skin constructs effectively used as novel therapy to completely heal massive lower extremity chronic wounds that failed conventional therapies  
Stephen Milner, MD  
Private Practice, UT

9:45–10:00am Reconstruction of Gustillo IIIC injuries of the lower extremity  
Joseph Ricci, MD  
Albany Medical College

3:00–4:00pm Break/Exhibits

### AESTHETIC

3:45 – 4:00pm Gender affirming surgery: Vaginoplasty  
Isak Goodwin, MD  
University of Utah

4:00 – 5:00pm Keynote Lecture – Finesse in Upper and Lower Eyelid Surgery  
Clyde Ishii, MD  
Private Practice, HI

5:00 – 5:15pm Site Change: Indications, techniques and lessons learned  
Michael Edwards, MD  
UNLV

5:15 – 5:30pm Why more women are choosing the structured saline implant over silicone gel: Eight-year clinical trial results and survey of 1035 women  
Terry Zimmerman, MD  
Private Practice, CA



# Mountain West Society of Plastic Surgeons



## SCHEDULE OF EVENTS CONTINUED

- |   |   |
|---|---|
| <p><b>5:30 – 5:45pm</b> <b>Rapid recovery abdominoplasty without the use of opiates</b><br/>Brian Windle, MD<br/>Private Practice, WA</p> <p><b>5:45 – 6:00pm</b> <b>Noninvasive and minimally invasive body contouring</b><br/>Marvin Spann, MD<br/>Private Practice, NV</p> <p><b>6:00 – 6:15pm</b> <b>Non-surgical rhinoplasty</b><br/>Luis Macias, MD<br/>USC</p> <p><b>6:15 – 6:30pm</b> <b>Adjunctive use of umbilical cord allograft in open septorhinoplasty</b><br/>Scott McCusker, MD<br/>US Air Force, CA</p> <p><b>6:30 – 7:30pm</b> <b>Poster Presentation Happy Hour Resident Posters</b></p> | <p><b>8:30–8:45am</b> <b>Optimizing aesthetics in autologous breast reconstruction using tissue expanders and implants to control the mastectomy pocket</b><br/>David Greenspun, MD<br/>Private Practice, CT</p> <p><b>8:45–9:00am</b> <b>Does tissue expander type matter in staged implant-based breast reconstruction? – A retrospective analysis</b><br/>Arash Momeni, MD<br/>Stanford University</p> |
|---|---|

### CRANIOFACIAL / HEAD & NECK

- |  |
|--|
| <p><b>9:00–9:15am</b> <b>Postnatal craniosynostosis: a case series of two patients</b><br/>Yifan Guo, MD<br/>East Carolina University</p> <p><b>9:15 – 9:30am</b> <b>Applications of statistical modeling and machine learning to cranial form analysis in craniosynostosis</b><br/>David Khechoyan, MD<br/>University of Colorado</p> <p><b>9:30 – 9:45am</b> <b>Reconstruction of head and neck defects using supraclavicular artery island flap: technical refinements and outcomes</b><br/>Can Ozturk, MD<br/>Roswell Park Cancer Center, NY</p> <p><b>9:45 – 10:00am</b> <b>The power of periosteum and the role of the medial femoral condyle free flap in treatment of osteoradionecrosis</b><br/>Joshua Goldman, MD<br/>UNLV</p> <p><b>3:00 – 4:00pm</b> <b>Break/Exhibits</b></p> |
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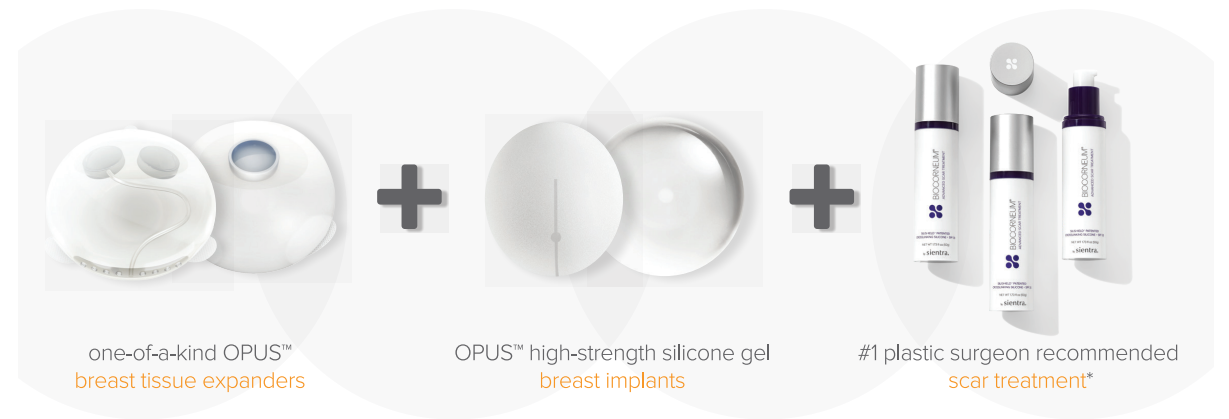
### SATURDAY, MARCH 9, 2019

- |   |
|---|
| <p><b>6:30–7:30am</b> <b>Breakfast/Exhibits</b></p> <p><b>6:55–7:00am</b> <b>Welcome and announcements</b><br/>Richard Baynosa, MD<br/>UNLV</p> <p><b>7:00–8:00am</b> <b>ASPS Update / Keynote Lecture</b><br/>Bernard Lee, MD<br/>ASPS Executive Board</p> |
|---|

### BREAST

- |  |
|--|
| <p><b>8:00–8:15am</b> <b>Secondary autologous flaps options in breast reconstruction</b><br/>Bernard Lee, MD<br/>Harvard University</p> <p><b>8:15–8:30am</b> <b>Outcomes of bilateral prosthetic breast reconstruction in patients with unilateral breast cancer</b><br/>Cemile Ozturk, MD<br/>Roswell Park Cancer Center, NY</p> |
|--|

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## SCHEDULE OF EVENTS CONTINUED

### GENERAL RECONSTRUCTIVE

- 3:45 – 4:00pm** **Reconstruction of chest wall and mediastinal wounds**  
Tae Chong, MD  
University of Colorado
- 4:00 – 5:00pm** **Craniofacial Microsurgery / Keynote Lecture**  
Kongkrit Chaiyasate, MD  
Oakland University Beaumont SOM
- 5:00 – 5:15pm** **Is there still a place for skin grafting in the perforator era? Treatment of upper trunk defects in skin cancer patients using free style perforator flaps and introducing suprascapular artery perforator flap**  
Irakli Panchulidze, MD  
Caritas Krankenhaus  
Lebach, Germany
- 5:15 – 5:30pm** **Development of a vasoactive topical medication to improve perfusion**  
Hunter Moyer, MD  
Private Practice, SD
- 5:30 – 5:45pm** **Venous flap refinements and clinical applications**  
Andre Odobescu, MD  
University of Iowa
- 5:45 – 6:00pm** **Optimal enoxaparin dosing in plastic surgery inpatients: The Fixed or Variable Enoxaparin (FIVE) trial**  
Christopher Pannucci, MD  
University of Utah
- 6:00 – 6:15pm** **Virtual surgical planning in reconstructive microsurgery**  
Patrick Garvey, MD  
MD Anderson Cancer Center
- 7:00 – 10:00pm** **Gala Dinner**

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## SCHEDULE OF EVENTS CONTINUED

### SUNDAY MARCH 10, 2019

- 7:00 – 9:00am** **Coffee/Exhibits**
- 6:50 – 7:00am** **Mock Oral Board Instructions**  
Brosious / Chong / Casey  
UNLV/U of C/ Mayo Scottsdale
- 7:00 – 8:30am** **Mock Oral Boards**  
Mock Oral Examiners
- 8:00 – 9:00am** **Breakfast/Exhibits**
- 8:25 – 8:30am** **Morning announcements**  
John Menezes, MD  
UNLV
- 8:30 – 12:30pm** **Resident/Fellow/Medical Student Abstracts (4 minutes each)**  
Menezes / Brosiou  
Moderators / UNLV
- 12:30 – 12:35pm** **Adjourn**

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Thank you to all of the sponsors for making this the largest gathering of industry partners at Mountain West.

Exhibits will be open beginning at 5:30 pm on Thursday, March 7th for the Welcome Reception and will close on Saturday, March 9th at 9:00 am.

Be sure to stop by to hear what's new and on the horizon in the exhibit hall.

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# NOTES

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We look forward to seeing you  
at the 2020 MWSPS meeting



Mountain West Society  
of Plastic Surgeons

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