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The Mountain West Society was founded to promote camaraderie and education in the field of plastic surgery in the Mountain West Region of the United States.

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To join MWSPS as an active member, you must be an active, board-certified member of the American Society of Plastic Surgeons. We also offer a resident membership and a candidate membership. Candidate membership is available for surgeons who are eligible but have not yet completed their board examinations.

Visit mountainwestsps.com to learn more.





Program Chair: Tae Chong, MD Program Committee: Matt Iorio, MD; David Mathes, MD; Kia Washington, MD; Corrine Wong, MD

OFFICIAL PROGRAM

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Mountain West Society of Plastic Surgeons

ANNUAL MEETING

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CONGRESS CO-CHAIRS Kotaro Yoshimura, MD, ISPRES President, and Jianhua Gao, MD

The 8th ISPRES Congress will be held in conjunction with the Chinese Academic Conference in collaboration with The **Chinese Society of Aesthetic Plastic** Surgery (CSAPS) and the American Society of Plastic Surgeons (ASPS). ASPS will hold educational sessions immediately following the Congress on June 28.

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- Abstract Presentations
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Visit www.ISPRES.org for more information.



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Mountain West Society of Plastic Surgeons

WELCOME LETTER

Dear Attendees,

For the 5th Annual Meeting of the Mountain West Society of Plastic Surgeons (MWSPS), we welcome you to Colorado and to the Snowmass Village, Westin Resort. As in years past, we have presentations from our regional experts in addition to talks from plastic surgery leaders from around the country. Our sessions will bookend our ski recess, which is adjacent to some of the best skiing in the United States. We continue our focus on resident education with Thursday evening resident oral presentations as well as daily resident poster viewing sessions. Please plan to join us on Thursday for the Resident Reception: Open to All at 7:00 PM. On Friday evening, there will be a Welcome Reception in the exhibit hall at 6:30 PM. Saturday evening will feature the Non-Gala Dinner, starting at 7:30 PM. Please note, this event is casual - as is the entirety of the meeting. No need to bring a suit or any formal wear. This is a ski meeting! Sunday we will conclude this year's annual gathering with our Mock Oral Board Exams.

Our keynote speaker this year is Rod Rohrich, MD, FACS, who will give a keynote lecture entitled: Becoming Consistent in Rhinoplasty – the Pathway to Becoming an Expert. Our speakers will cover the entire spectrum of plastic and reconstructive surgery. This year we have several new areas of focus including the role of social media in plastic surgery and gender-affirming surgery. The committee has assembled a great program and I look forward to some interactive sessions.

Welcome again to MWSPS 2020. I'd like to thank you all for helping us to grow the MWSPS Annual Meeting as a great forum for education, collaboration and friendship.

Tae Chong, MD **MWSPS** President Program Director, Division of Plastic and **Reconstructible Surgery - University of Colorado**







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This link will also be sent to attendees via email following the MWSPS meeting. Upon completion and

- Recognize opportunities to increase the safety of both aesthetic and reconstructive procedures

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education® (ACCME®) through the joint providership of the American Society of Plastic Surgeons® (ASPS®) and Mountain West Society of Plastic Surgeons[®]. The ASPS[®] is accredited by the ACCME[®] to provide continuing

Designation: The ASPS® designates this live activity for a maximum of 10.75 AMA PRA Category 1 *Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Intended Audience This educational activity is intended for plastic surgeons, residents, and medical students interested in translating their expanding knowledge into practice, improving patient care, and improving outcomes. Of the 10.75 credits, 2 credits have been identified as

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Mountain West Society of Plastic Surgeons

SPEAKERS

THURSDAY RESIDENT ABSTRACT PRESENTERS

Barkat Ali, MD University of New Mexico, Health Sciences Center Philip Brazio, MD Stanford University **Rachel Danforth, MD**

UC Davis

Kathleen Holoyda, MD University of Utah

Indiana University Dattesh Dave, MD Luke Grome, MD Baylor College of Medicine Alexander Harrant, MD

University of Colorado Anschutz Medical Campus Joshua Harrison, MD University of New Mexico

Anna Rose Johnson, MPH Beth Israel Deaconess Medical Center Ariel Johnson, BS University of Colorado

Bing Li, MD University of Colorado Anschutz Medical Campus

Irene Ma, MD Stanford University

Leela Mundra, MD University of Colorado Jeremie Oliver, BS, BA University of Utah Health

FRIDAY AND SATURDAY FACULTY

William Abouhassan Jr., MD OhioHealth-Grant Medical Center and The Ohio State University John Brosious, MD

UNLV Dept of Plastic Surgery Matthew J. Carty, MD Brigham and Women's Hospital

Robert Cohen, MD Scottsdale Center for Plastic Surgery

Armando Davila, MD University of Nevada, Las Vegas Detlev Erdmann, MD, PhD,

MHS Duke University Medical Center

Brooke French, MD University of Colorado

Patrick Garvey, MD, FACS The University of Texas MD Anderson Cancer Center

Joshua Goldman, MD UNLV School of Medicine Isak Goodwin, MD University of Utah Karen Horton, MD, MSc, FACS.

FRCSC Michael Howard, MD Northwestern Medicine Plastic and Reconstructive Surgery

Scott Hultman, MD, MBA American Society of Plastic Surgeons

Chris Kaoutzanis, MD, MBBS Naomi Keshian, PAC Miami Cancer Institute Alvin Kwok, MD, MPH

University of Utah, School of Medicine Miquel Medina, MD

Miami Cancer Institute Shaun Mendenhall, MD University of Utah





Charles Patterson, MD Louisiana State University School of Medicine

Lacey Pflibsen, MD Mayo Clinic Arizona

Meenakshi Rajan, MD University of Texas Health Science Center in San Antonio

Max Shrout, MD Mayo Clinic Arizona **Christopher Stewart, MD**

University of Minnesota **Danielle Thornburg, MD**

Mayo Clinic

Radbeh Torabi, MD Louisiana State University Health Sciences Center

Jacob Veith, MD University of Utah, Division of Plastic Surgery

Maxwell Vest, MD University of Nevada Las Vegas

James Willcockson, MD University of Utah Matthew Zeiderman, MD UC Davis Health

Alexander Mericli, MD M. D. Anderson Cancer Center, University of Texas

Sarah Mess, MD Plastic Surgery Center of Columbia

Andrei Odobescu, MD University of Iowa Hospitals and Clinics - Department of Surgery

John Phillips, MD Toronto Sick Kids

Alanna Rebecca, MD Mayo Scottsdale

Rod Rohrich, MD, FACS Hakim Said, MD University of Washington

> Tim Schaub, MD Creighton University, Medical School

Chad Teven, MD Mayo Clinic

Jennifer Walden, MD The Aesthetic Society Michael Wong, MD University of California, Davis Medical Center

Peirong (Ron) Yu, MD UT MD Anderson Cancer Center

RESIDENT POSTER PRESENTERS

FRIDAY -

Ryan S. Constantine, MD University of Colorado **Dominick Byrd, MS** University of New Mexico

Madeline Paton, MS University of Colorado School of Medicine

SATURDAY

Erin E. Anstadt, MD University of Pittsburgh Jonathan D. Freedman, MD, PhD University of Colorado - Denver Ashley L. Howarth, MD Mayo Clinic Arizona Michael Hu, MD University of Pittsburgh

Lacey Pflibsen, MD Mayo Clinic Arizona Daniel Rhee, MD University of Colorado Arman T. Serebrakian, MD, MS Harvard Medical School

Erinn Noelani Kim, MD

Shawna R. Kleban, MD

University of Nevada Las Vegas School

University of Nevada Las Vegas School

University of Utah

of Medicine

of Medicine

Kelsey Kincaid, BA

Rose T. Tillis, MD Duke University Krystle Rae Tuano, MD University of Colorado **Richard O. Tyrell, MD** University of Utah

Dino Maglic, MD University of Utah Charles J. Schafer, DO University of North Carolina Thomas Wright, MD University of Utah

Poster presenters subject to change.



Mountain West Society of Plastic Surgeons

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PROGRAM

8:10 – 8:20 AM	ASPS Update Scott Hultman, MD Plastic Surgery Foundation President
8:20 – 10:00 AM	Faculty Abstracts
8:20 – 8:35 AM	Navigating Practice Transitions Michael Howard, MD
8:35 – 8:55 AM	The Evolving Role of Social Media: Don't Blink Rod Rohrich, MD
8:55 – 9:10AM	Social Media by Plastic Surgeons–How to Find Your Unique Voice and Use it Responsibly Karen Horton, MD
9:10 – 9:25 AM	Lessons Learned from Battling the American Board of Cosmetic Surgery - the California Experience Michael Wong, MD
9:25 – 9:40 AM	Fat Grafting in Aesthetic Breast-Surgery Indications, Techniques and Pearls Robert Cohen, MD
9:40 – 9:55 AM	A Population-Based Study of Breast Implant Illness Alvin Kwok, MD
	10:00 AM – 3:00 PM Recess
Recharge Brea	k Chips, Salsa & Guac; Brownies & Blondies Served During Poster Presentation
3:00 – 4:00 PM	Saturday Poster Session Break with Exhibits Industry Sponsors In Exhibit Hall
4:00 – 5:00 PM	Faculty Abstracts
4:00 – 4:15 PM	Lipoaugmentation Following Implant Removal Provides a Favorable Aesthetic Outcome Sarah Mess, MD
4:15 – 4:30 PM	Maximizing Aesthetics in Gender-Affirming Chest Surgery John Brosious, MD
4:30 – 4:45 PM	Cliteroplasty in Male-to-Female Gender-Affirming Surgery Isak Goodwin, MD
4:45 – 5:00 PM	Genital Reconstruction Options for Gender-Affirming Surgery

5:00 – 5:25 PM	Keynote Lecture: Becoming Consistent in Rhinoplasty– The Pathway to Becoming an Expert Rod Rohrich, MD
5:25 – 6:55 PM	Faculty Abstracts
5:25 – 5:40 PM	What's Behind Implant Rippling: Diagnosis and Solutions Hakim Said, MD
5:40 – 5:55 PM	Time-Driven Activity-Based Costing (TDABC) to Model the Cost Utility of Enhanced Recovery after Surgery (ERAS) Pathways in Microvascular Breast Reconstruction Alexander Mericli, MD
5:55 – 6:10 PM	Single Stage Oncoplastic Augmentation Mastopexy in Breast Conservation Therapy Miguel Medina, MD
6:10 – 6:25 PM	Pre-Shaping DIEP Flaps: Simplifying and Optimizing Breast Aesthetics Andrei Odobescu, MD
6:25 – 6:40 PM	Early Clinical and Functional Results of Agonist-Antagonist Myoneural Interface Amputation Procedures Matthew J. Carty, MD
6:40 – 6:55 PM	Extended Medial Sural Artery Perfo- rator Free Flap for Groin and Scrotal Reconstruction Chad Teven, MD
7:30 – 10:00 PM	Non-Gala Dinner

SUNDAY, MARCH 1, 2020

Not designated for CME credit.

(Registration 7:00 AM-11:00 AM)

7:00 – 8:00 AM	Morning Coffee with the Exhibitors Industry Sponsors In Exhibit Hall
8:00 – 8:10 AM	Mock Oral Board Instructions Corrine Wong, MD University of Colorado
8:10 – 11:00 AM	Mock Oral Boards
11:00 AM	Adjourn Meeting

PROGRAM

FRIDAY, FEB	RUARY 28, 2020	Coffee Brea S'More's Br
(Registration 6:3	30 AM-6:30 PM)	4:00 – 4:15 P
7:00 – 8:00 AM	Breakfast with the Exhibitors and Industry Sponsors In Exhibit Hall	
8:00 – 8:05 AM	Welcome Address Tae Chong, MD University of Colorado/President MWSPS	4:15 – 4:30 P
8:05 – 8:15 AM	American Society for Aesthetic Plastic Surgery Update (ASAPS) Jennifer Walden, MD	4:30 – 4:45 F
8:15 – 8:30 AM	Anesthetic Exposure in Staged Versus Non-Staged Cleft Lip and Palate Repair: Can We Reduce Risk of Anesthesia-In- duced Developmental Neurotoxicity? Armando Davila, MD	
8:30 – 8:45 AM	Virtual Surgical Planning for Delayed Zygomatic Maxillary Complex Reconstruction Naomi Keshian, PAC	4:45 – 5:00 F
3:45 – 9:00 AM	Craniosynostosis Triaging System Using Machine Learning John Phillips, MD	5:00 – 5:15 P
9:00 – 9:15 AM	Computer-assisted Planning in Craniosynostosis Brooke French, MD	5:15 – 5:30 P
9:15 – 9:30 AM	I Follow the Rules Except When I Don't; a Discussion of Bias in Medicine Alanna Rebecca, MD	5:30 – 6:30 P
9:30 – 9:45 AM	Making a Thumb Out of Too Much, Too Little, and Nothing at All Tim Schaub, MD	6:30 – 7:30 P
9:45 – 10:00 AM	Targeted Muscle Reinnervation for Upper and Lower Limb Loss—a Paradigm	SATURD
	Shift for Treating Painful Neuromas and Phantom Limb Pain.	(Registratio
	Shaun Mendenhall, MD	7:00 – 8:00 A
································	10:00 AM–3:15 PM Recess	

м	Break with the Exhibitors In Exhibit Hall	
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Μ	Cervical Spine and Craniovertebral Junc- tion Reconstruction with a Vascularized Fibula Free Flap: A Case Report, Systematic Review, and Meta-Analysis Joshua Goldman, MD	
Μ	Allograft Nerve Reconstruction of the Inferior Alveolar Nerve at the Time of Free Fibula Flap Mandible Reconstruction Patrick Garvey, MD	
Μ	Wound Healing Technique Utilizing an Autologous Homologous Skin Con- struct Promotes Closure in Recalcitrant Wounds: A Single Institution Retrospective Case Series William Abouhassan, MD	
Μ	Chronic Neuropathic Pain After Burn Injury: Algorithms for Medical and Surgical Management Scott Hultman, MD	
Μ	Perforator Anatomy of the Anteromedi- al Thigh (AMT), Profundus Artery (PAP), and Ulnar Artery Perforator (UAP) Flaps Ron Yu, MD	
Μ	Abdominal Wall Transplantation Detlev Erdmann, MD	
Μ	Friday Poster Session In Exhibit Hall	
М	Welcome Reception In Exhibit Hall	

AY, FEBRUARY 29, 2020

on 6:30 AM-6:30 PM)

3:15 - 4:00 P

- AM Breakfast with the Exhibitors In Exhibit Hall
- **AM** Welcome and Announcements Tae Chong, MD University of Colorado/ MWSPS President

Mountain West Society of Plastic Surgeons

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MEMBERS OF THE MWSPS

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as of February 10, 2020

PROGRAM

THURSDAY, FEBRUARY 27, 2020

(Registration 2:00 – 6:30 PM)

- 4:15 4:20 PM Welcome Address Tae Chong, MD, MWSPS President University of Colorado
- 4:20 6:55 PM MWSPS Resident Abstract Finalists Tae Chong, MD, Moderator University of Colorado/
- 4:20 4:25 PM Determinants of 30-Day Readmission after Infraumbilical Panniculectomy in a Nation-Wide Cohort Barkat Ali, MD University of New Mexico, Health Sciences Center
- 4:25 4:30 PM Deep Inferior Epigastric Artery Vascularized Lymph Node Transfer: A Simple and Safe Option for Lymphedema Rachel Danforth, MD Indiana University
- 4:30 4:35 PM Is Immediate Lymphatic Reconstruction (L.Y.M.P.H.A) Cost-Effective? Anna Rose Johnson, MPH Beth Israel Deaconess Medical Center
- 4:35 4:40 PM Improving Aesthetics By Combining Autologous- and Adjustable Implant-Based Breast Reconstruction Irene Ma, MD Stanford University

4:40 – 4:45 PM 0 & A

- 4:45 4:50 PM Optimizing Pain Control After **Implant-Based Breast Reconstruction:** A Systematic Review Jeremie Oliver, BS, BA University of Utah Health
- 4:50 4:55 PM Does the Timing of TAP Blocks (Early Versus Late) During Flap Harvest Affect Narcotic Use in DIEP Flap Breast **Reconstruction?** Meenakshi Rajan, MD University of Texas Health Science Center San Antonio

- 4:55 5:00 PM Autologous Fat Grafting Does Not Increase Risk of Oncologic Recurrence in the Reconstructed Breast Max Shrout, MD Mayo Clinic Arizona
- 5:00 5:05 PM Current Practices in Pathologic Assessment of Breast Tissue in Female-to-Male Transgender Top Surgery Jacob Veith, MD University of Utah, Division of Plastic Surgery
- 5:05 5:10 PM 0 & A
- **Understanding Disparities in Post-**5:10 – 5:15 PM **Mastectomy Breast Reconstruction** Utilization in the Rural State of Nevada Maxwell Vest, MD University of Nevada Las Vegas
- Validation of the "Wisconsin Criteria" 5:15 – 5:20 PM for Obtaining Dedicated Facial Imaging and Its Financial Impact at a Level 1 Trauma Center Christopher Stewart, MD University of Minnesota
- 5:20 5:25 PM Geriatric Age Confers Increased Risk of **Post-Operative Complications Following Open Reduction Internal Fixation for Distal Radius Fracture: An Analysis of** Geriatric Patients from the 2005-2017 **NSQIP** Databases Dattesh Dave, MD UC Davis
- 5:25 5:30 PM DIEP Breast Reconstruction in the **Obese Population: Assessing the Complication Risk of Your Patient** Charles Patterson, MD Louisiana State University School of Medicine
- 5:30 5:35 PM 0 & A
- 5:35 5:40 PM Abdominal Wall Reconstruction after **Orthotopic Liver Transplantation** Philip Brazio, MD Stanford University

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PROGRAM

5:40 – 5:45 PM	Comparison of First and Full Union Rates in Free Fibula Mandible Reconstruction Utilizing Cadcam vs Non Cadcam Luke Grome, MD Baylor College of Medicine
5:45 – 5:50 PM	Rat Hind Limb Transplant Model to Assess Vascularized Composite Allograft (VCA) Ischemic Reperfusion Injury and Inflammation Alexander Harrant, BS University of Colorado Anschutz Medical Campus
5:50 – 5:55 PM	Treatment of Trigeminal Trophic Syndrome Using Scalp Based Flap Reconstruction: Case Report Joshua Harrison, MD University of New Mexico
5:55 – 6:00 PM	0 & A
6:00 – 6:05 PM	Trends in Microvascular Breast Recon- struction: An Evaluation of 8,561 Cases in the ACS National Surgical Quality Improvement Program Database Kathleen Holoyda, MD University of Utah
6:05 – 6:10 PM	Superficial Facial System: Does Closure Improve Donor Site Outcomes in DIEP Patients? Ariel Johnson, BS University of Colorado
6:10 – 6:15 PM	Wound Complications in Revision Total Knee Arthroplasty: An Analysis of ACS-NSQIP Leela Mundra, MD University of Colorado
6:15 – 6:20 PM	First Case Report of a Navajo Indian Patient with Morbihan's Disease: Insight into Oculoplastic Treatment of a Rare Disease Lacey Pflibsen, MD Mayo Clinic Arizona
6:20 – 6:25 PM	0 & A





7:00 PM

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